

To start - With the tractor on your left walk along Preston Road towards the village; initially there is no pavement but one develops as you start to pass some houses. Continue past the entrance to Eyecatchers (Note the defibrillator unit) until you reach a farm track at the side of Eccles House.

1. Turn left down the track and pass through the kissing gate (or metal field gate if blocked).
2. Continue down the track and pass through another metal field gate and go straight into the farmyard which still has its old cobbled stone surface. After approximately 40 metres turn left down the yard until you reach the last building on your right.
3. Turn right onto a wide enclosed track, pass through the metal gate and continue down the wide grassy track until a kissing gate gives access into a large field.
4. Follow the hedge on your left until you meet a metal gate with a wooden stile / kissing gate alongside giving access to Higham Side Road.
5. Turn left down Higham Side and walk for approximately 640 meters. On this section you will pass Nightjar Way on your right. Look for a metal kissing gate on your left, just before the Nightjar entrance to HMS Inskip which is on your right, with a wooden finger post and public footpath sign alongside.
6. Take the kissing gate and walk the length of the field with the hedge on your left until the corner then go through the kissing gate on you left.
7. Walk directly across the field to find a kissing gate in the opposite hedge / fence.
8. Once through the kissing gate, veer right and take the footbridge on your right. You have now crossed into the parish of Woodplumpton.
9. Turn left as you leave the bridge and continue with the hedge / fence on your left through two stiles / gateways, the second is the one on the right-hand side. When the fence turns sharply left, follow it to take a stile in the field corner
10. Immediately after the stile, turn right and take the wooden gate ahead. You are now back in the parish of Inskip on the southern edge of Carrs Green Common which, at this point, is heavily forested.
11. Follow the wide grassy track until a clearing and waymark post is located. Bear right to a second waymark post (just before a wooden gate) then left on a path running along the edge of the common land (this becomes flooded in winter, but you can cut across the common instead) until a footbridge and waymark post are reached.
12. Do not take the bridge, instead take the path that bears left into more open land and follow it to reach a wide stoned track.
13. Bear left on the track to regain Preston Road then left again to reach the tractor.



The tractor has been chosen as the start and finish point because of its well-known location. The walk, however, is circular in nature and other locations may offer a more convenient point of access.

Inskip South Walk can be linked with the Inskip East Walk to make a longer “figure -of-eight” walk.

Safety notes:

- Use of footpaths is at your own risk
- Do not climb over a stile if it is damaged / slippery and there is a risk of falling
- Walk facing oncoming traffic where there are no pavements
- Before setting off it is a good idea to let someone know where you are going
- Wear suitable clothing and footwear (something hi-vis is recommended)
- Make sure you take any necessary medication (asthma inhaler etc) and maybe a drink and sunscreen in summer
- If you believe you need one of the defibrillators **CALL 999** and they will direct you to the nearest one that is in service and paramedics can be dispatched without delay

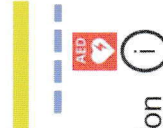
Key

Footpath

Route

Defibrillator

Green stroll Information



INSKIP SOUTH WALK

(2.3 miles / approx. 1:30 hrs) mainly in fields, some track and road Includes stiles



Please follow the countryside code:

- Leave gates as you find them
- Keep dogs on a lead around livestock and other walkers
- Pick up after dogs and bin it
- Take your litter home with you
- Follow advice on local signs
- be considerate to those living in, working in and enjoying the countryside
- do not block access to gateways or driveways when parking



If you encounter a problem on this walk, please report it to Public Rights of Way section at LCC proreports@lancashire.gov.uk (01772) 530317