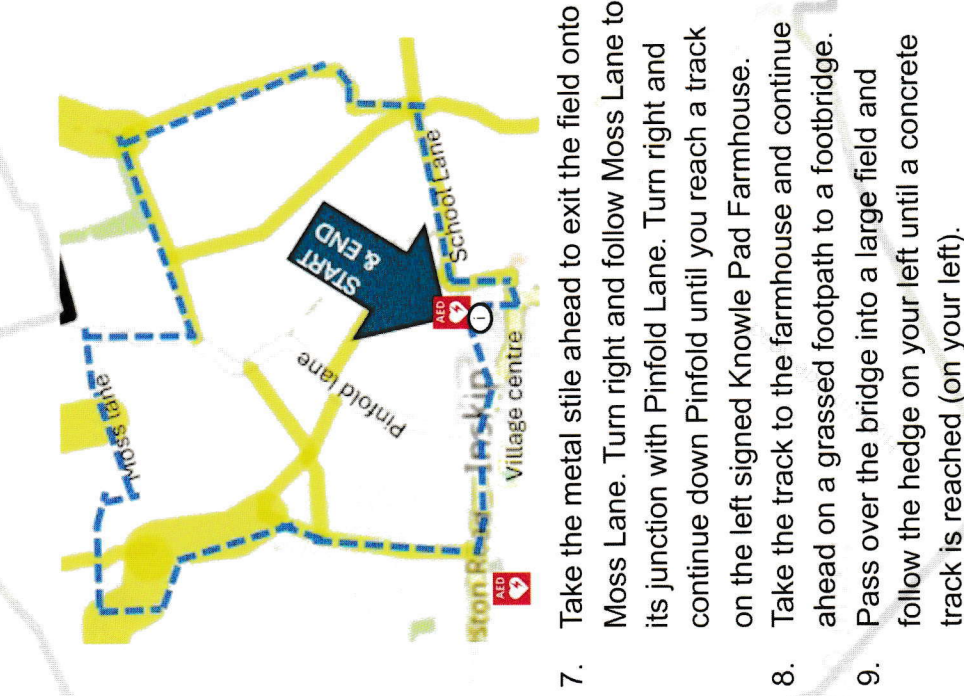


To start - Join Preston Road from the YIPs centre and follow it past the school to find a metal kissing gate on the right-hand side of the road, just after a large, green clad, farm building

1. Pass through the gate and walk the length of the rear wall of the building. Continue on the same line across the field passing over a gravelled farm track to find and pass through a wooden kissing gate in the hedge ahead.
2. Keep to the same line crossing the next field to find and pass over a footbridge which may be in a somewhat dilapidated condition. Bear slightly right as you cross the field to find and pass over another bridge.
3. Turn left, pass a pond and go over a stile next to a large metal field gate.
4. Head for the left-hand corner of the field, take the stile and then a small bridge, to pass a pond before exiting the enclosed area via another stile.
5. Continue with the hedge on your left to cross two large wooden sleeper spars over a boggy field corner followed immediately by a stile.
6. Continue with the hedge on your left. Cross another bridge and pass between the hedge and a collapsed shed with has some interesting contents (e.g. old horse cart).







7. Take the metal stile ahead to exit the field onto Moss Lane. Turn right and follow Moss Lane to its junction with Pinfold Lane. Turn right and continue down Pinfold until you reach a track on the left signed Knowle Pad Farmhouse.
8. Take the track to the farmhouse and continue ahead on a grassed footpath to a footbridge.
9. Pass over the bridge into a large field and follow the hedge on your left until a concrete track is reached (on your left).
10. Do not take the track. Instead turn 90° right and walk straight across the field aiming for the largest tree (has a shed underneath) in the approaching hedge.
11. Pass through a gateway (currently no gate) to the right of the tree and follow the hedge on your left to cross a corner stile.
12. Bear right, then immediately left and continue with the wooded area on your left, until the wood ends at a pond.
13. Turn right and follow the fence/hedge to a watercourse. Take the stile on the left and continue with the water on your right. Cross the first bridge you meet then take the stone stile ahead.
14. Continue with a hedge on your right to cross another stone stile onto a farm track. Follow this track to School Lane and follow to a flagged path on the right, just after a house, which takes you back to the YIPs centre.

The YIPs centre has been chosen as the start and finish point because of its well-known location. The walk, however, is circular in nature and other locations may offer a more convenient point of access.

Safety notes:

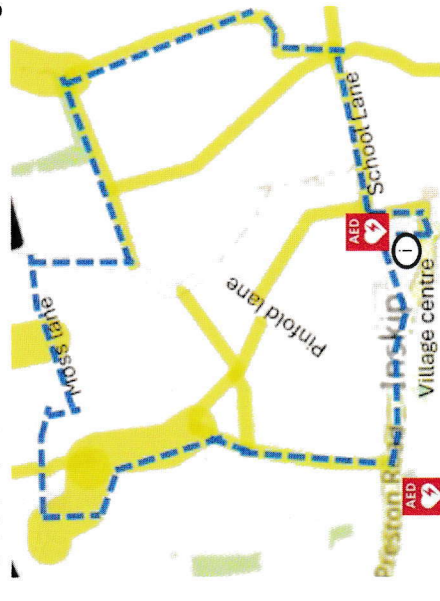
- Use of footpaths is at your own risk
- Do not climb over a stile if it is damaged / slippery and there is a risk of falling
- Walk facing oncoming traffic where there are no pavements
- Before setting off it is a good idea to let someone know where you are going
- Wear suitable clothing and footwear (something hi-vis is recommended)
- Make sure you take any necessary medication (asthma inhaler etc) and maybe a drink and sunscreen in summer
- If you believe you need one of the defibrillators **CALL 999** and they will direct you to the nearest one that is in service and paramedics can be dispatched without delay

Key

- Footpath 
- Route 
- Defibrillator 
- Green stroll Information 

INSKIP NORTH-WEST WALK

(3.8 miles / approx. 2:30 hrs) mainly in fields, some track and road Includes stiles & footbridges



Please follow the countryside code:

- Leave gates as you find them
- Keep dogs on a lead around livestock and other walkers
- Pick up after dogs and bin it
- Take your litter home with you
- Follow advice on local signs
- be considerate to those living in, working in and enjoying the countryside
- do not block access to gateways or driveways when parking



If you encounter a problem on this walk, please report it to Public Rights of Way section at LCC proreports@lancashire.gov.uk (01772) 530317