

The tractor has been chosen as the start and finish point because of its well-known location. The walk, however, is circular in nature and other locations may offer a more convenient point of access.

Inskip East Walk can be linked with the Inskip South Walk to make a longer “figure -of-eight” walk..

Safety notes:

- Use of footpaths is at your own risk
- Do not climb over a stile if it is damaged / slippery and there is a risk of falling
- Walk facing oncoming traffic where there are no pavements
- Before setting off it is a good idea to let someone know where you are going
- Wear suitable clothing and footwear (something hi-vis is recommended)
- Make sure you take any necessary medication (asthma inhaler etc) and maybe a drink and sunscreen in summer
- If you believe you need one of the defibrillators **CALL 999** and they will direct you to the nearest one that is in service and paramedics can be dispatched without delay

Key

Footpath

Route

Defibrillator

Green stroll Information



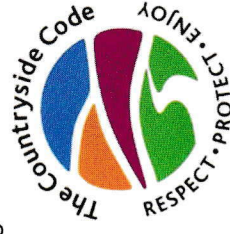
INSKIP EAST WALK

(1.5 miles / approx. 1 hr) mainly in fields, some track and road Includes stiles



Please follow the countryside code:

- Leave gates as you find them
- Keep dogs on a lead around livestock and other walkers
- Pick up after dogs and bin it
- Take your litter home with you
- Follow advice on local signs
- be considerate to those living in, working in and enjoying the countryside
- do not block access to gateways or driveways when parking



If you encounter a problem on this walk, please report it to Public Rights of Way section at LCC proreports@lancashire.gov.uk (01772) 53031

To start - With the tractor on your left walk along Preston Road towards the village; initially there is no pavement, but one develops as you start to pass some houses. Continue past the entrance to Eyecatchers (Note the *defibrillator unit*) until you reach a farm track at the side of Eccles House.

1. Cross the road and take the tarmac drive opposite; a finger post footpath sign points the way, and the tarmac soon becomes a stoned track. Pass Green Farm and Green Nook Farm to reach a large metal gate with a stile alongside. Continue along the track as it bends right before opening out into a large field.
2. Turn right and follow the hedge into the corner of the field to gain the embankment ahead (aka Lord Derby's bund). Keep with the bund as it sweeps along between the cultivated farmland and Carrs Green Common. The bund crosses a stone track before meandering about giving excellent views across Wyre to the Bowland Hills.
3. Where the bund meets the road (Woods Lane) take the stile but descend with care as there is no roadside verge and sight lines are poor.
4. Once on the road turn right and follow it over the bridge and round a couple of bends before it straightens out. Just after the trees on your right look for a bridge over a deep dyke (aka The Tank Trap) and take the path before the dyke.
5. The path slowly drifts away from the dyke and when it splits take the right-hand fork. It's the right-hand fork again at the next split and a Green Stroll information board comes into sight.
6. Continue past the information board (on your right) heading for the houses ahead
7. If time allows, take a narrow path on your right shortly after the info board to visit the wetland and reclaimed wildlife pond, prominently marked by a red & white buoyancy aid.
8. Return to the main path, turn right to reach Preston Road and the houses and then left to reach the tractor.

